University of Chicago Medicine
Section of Adult and Pediatric
Endocrinology, Diabetes and
Metabolism
Kovler Diabetes Center

Diabetes Education Update
November, 2014
AMY: 4 days per week
• Lead outpatient pediatric and teen educator
• **Can see some adults PRN, especially young adults**
• Schedule: **DCAM clinic MON, TUES, WED AND FRI. Off on THURS.**

MONICA: 4 days per week
• Lead outpatient type 2 adult diabetes educator, lead weight management RD/educator
• **Can see children and adults**
• Coordinates and teaches adult classes every Thursday in DCAM at 930a
• Schedule: **DCAM clinic WED and THURS. Huron every TUES. MV every FRI. Off on MON.**

SUSAN: 4 days per week
• Half inpatient/Half outpatient
• Lead inpatient diabetes educator
• **Can see children and adults, inpatient and outpatient.**
• Sees patients in the **DCAM TUES PM, WED, THURS and FRI AM. Off on MON**

(SARAH- TBD): 5 days per week, possible start date mid Dec
• Outpatient diabetes educator, will also be trained to support weight management
• **Can initially see adults-will be trained early in 2015 to see children**
• Schedule: TBD. Likely **DCAM on MON, TUES ,WED and THURS. Every FRI at Huron. MV TBD**
Adult Diabetes Basics Classes

- Held every Thursday in DCAM, 1st floor conference room next to elevators

- Great opportunity to promote studies!

- Led by Monica Rojas, RD, CDE using ADA accredited curriculum

- Focus is on healthy eating/basic carbs education, insulin admin and use, and BG monitoring.
Medicare states that unless there is a visual impairment, language barrier or other documented issues, all Medicare patients should be in a class setting.

A class is the best approach for diabetes education FIRST.

Focus is on diabetes self-management basics for those newly diagnosed with Type 2 OR those who have had diabetes for some time.

Research supports the positive impact on patients who are able to interact with and relate to their peers.

We bill for these classes.

PLEASE place an order for a class in Epic for ALL your adult patients with Type 2 diabetes. There are important drop-down menus that will prompt you to order a class.

NOT SURE WHAT TO DO? ASK AN EDUCATOR OR CONTACT PEGGY 773.412.4171 or peggy.hasenauer@uchospitals.edu
Diabetes Education- Adjunct Support

• KOVLER WEBSITE, educational binders

• Expanded services/support Tyree library – promoting studies, providing additional materials

• Piloting a provider-led group visit model with Dr. Sargis and Monica in 2015

• Focus on strategic communications - both internally and externally for faculty, staff and patients – monthly newsletter, Kovler buzz internal emails

• Intransit program expansion/redesign, Kovler for Kids events
Inpatient Diabetes Education

SUSAN, RN, CDE
- Half Inpatient/Half Outpatient
- Four afternoons per week seeing inpatients

NANCY, RN, RD, CDE
- Full Time
- Came from Res/Provena St. Joseph’s Hospital on Northside
- Primarily adult experience, being cross-trained for pediatrics
- RN AND RD, CDE

TRACY, RN, APN, CDE
- Full Time
- Came from Northwest Indiana
- Has both pediatric and adult experience

KIRSTEN, RN, APN, CDE pending
- Full Time
- Peds ICU experience, peds diabetes champion in Comer
- Will be cross-trained to support adults
Inpatient Diabetes Education

GOALS:

- Improve and decrease overall rate of ER visits and readmissions directly related to glycemic management
- Provide continuity of care to the outpatient setting upon discharge
- Avoid hyper and hypoglycemia in the hospital
- Decrease length of stay whenever possible
- Ensure the nurses know how to manage patients with diabetes
- Partner with endo consult team.
- Find patients that may not have had an endo consult but are at risk or have diabetes that is unmanaged

RESPONSIBILITIES:

- Teach patients, nurses and staff how to manage diabetes care including use and action of insulin, matching carbs to meals, glucagon, finger stick BG testing, ketone monitoring
- Identifying patients in hosp that haven’t consulted endo to assess needs, have bg’s or A1c’s that are very high
- Support Endocrine consult service, suggest an endo consult when they feel it is needed
- Consult with Dr. Philipson, Dr. Sargis and/or Dr. Thomas as needed.
- Develop protocols for diabetes nurse management in the hospital
- Meet with outpatient diabetes educators monthly
- Consult with Peggy Hasenauer, PRN
Inpatient Diabetes Education

Scope of practice does NOT include:

- titrating or managing insulin dosing in the hospital
- Functioning as a glycemic control service
- Functioning as nurse practitioners/inpatient providers.
- Billing for this services

CONTACT:
Pager 8167 – Peds and Adult
Coverage is seven days per week: 8A-6P