

## **Inpatient Adult Therapy Services**

### **How to place a request for consult for inpatient therapy services (PT or OT)**

- Place a request in EPIC for “PT Consult: Evaluate & Treat” or “OT Consult: Evaluate & Treat”. Include any medical or movement precautions.
- PT or OT requests **will** be responded to within 24 hours of receiving the request or same day if possible. We will attempt to prioritize discharge pending patients awaiting PT or OT disposition recommendations
- On call pagers can be used to escalate timeliness of request
- Therapy discharge recommendations may be found on the “**TS Discharge Flowsheet**” in EPIC, as well as in the therapy note

In some situations, referral to both PT & OT is appropriate. In order to make your referral decision to PT and/or OT services, please use the following information:

#### **Services Provided by PT:**

**Cardiac Rehab**, phase I

**Gait Training**; including stairs

**Therapeutic Exercises** to improve strength, range of motion, and endurance

**Balance & Falls Prevention**

**Neuromuscular re-education**

**Soft Tissue/Joint Mobilization**

**Lymphedema Management**

**Wound Care Services**

Wound Assessment

Negative Pressure Wound Therapy

Pulse Lavage

Sharp Debridement

**Prosthetic Evaluation & Training** (lower extremity)

**Pulmonary Rehabilitation**

**Recommendations for Assistive Devices**

**Vestibular Rehabilitation**

**Patient Education/Home Programs**

**Recommendations for discharge disposition based on patient’s functional abilities and social situation**

#### **Services Provided by OT:**

**Activities of Daily Living (ADL) Assessment and retraining**

**Neuromuscular Re-education**

**Education in energy conservation, work simplification and joint protection**

**Visual Perceptual Assessment and retraining**

**Orthotic Fabrication and Positioning**

**Treatment of upper extremity injuries/dysfunction, hand injuries, hand dysfunction**

**Patient Education/Home Programs**

**Recommendations for Adaptive Equipment selection and Environmental Adaptations**

**Recommendations for discharge disposition based on patient’s functional abilities and social situation**

#### **Inpatient Service Hours**

Services are available 365 days/ year

Monday-Friday 8:00 am – 5:30 pm/8-4:30 weekends/holidays

#### **Contact**

**Negative Pressure Wound Therapy pager #VAC1 (8221)**

**PT On-call pager #8080**

**OT On-call pager #6870**

To escalate: Marla Robinson – Assistant Director Therapy Services pager 5554, ext 20576

Diane Davis, Director, Therapy Services pager 6527, ext 26926

## **Cardiac and Pulmonary Rehabilitation**

### **Cardiac rehabilitation**

(Indications per Medicare)

Stable angina

s/p PCI (within past 12 mos)

s/p MI (within past 12 mos)

s/p CABG (within past 12 mos)

s/p valve repair/replacement (within past 12 mos)

s/p heart transplant (within past 12 months)

Heart failure EF >30%; stable for 6 weeks and no planned intervention/hospitalization for 6 months

For consult while patient is hospitalized for either facilitation of referral to outpatient cardiac rehab or for generalized conditioning if patient is otherwise independent, write **Cardiac Rehabilitation Evaluate and Treat**

### **Pulmonary rehabilitation**

(Indications per Medicare)

FEV1 >80% predicted

AND

FEV1/FVC ratio >70%

COPD

**Or** can get patient into PT-lead pulmonary rehabilitation with impairments in endurance, breathing, etc due to other diagnoses.

Questions? Page Megan Stulberg at pager #7223 or call 2-1496 and leave a message