



# building transition services

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# Spina bifida clinic

- Needs assessment:
- Education needs of families/teens
- Separate services for adults
- Preparation of youth for adult services
- Increased physical activity
- Increased community participation

# Focus of the clinic

- Independence with self care and medical needs
- Education
- Obesity: concerns in youth and adults
- Transition coordinator: facilitate community participation, sports
- Transfer to adult clinic: preparation, assess satisfaction with transfer